



# CERTIFICATE IN COUNSELLING

**courses****me**

**Would you like to speak to one of our  
course advisors for further information?**

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1300 100 008



## Certificate in Counselling

# LEARN ADVANCED SKILLS

The role of the counsellor is to facilitate the person's resolution of these issues, whilst respect their values, personal resources, culture and capacity for choice. Counselling can provide people with a regular time and space to talk about their problems and explore difficult feelings in a confidential and dependable environment.

Counsellors do not usually offer advice, but instead give insight into the client's feelings and behaviour and help the client change their behaviour if necessary. They do this by listening to what the client has to say and commenting on it from a professional perspective.

Counselling covers a wide spectrum from the highly trained counsellor to someone who uses counselling skills as part of their role, for example, a nurse, youth leader, personal trainer or teacher.

### Did you know?

Counseling, as a vital component of the healthcare and personal development landscape, offers individuals a safe space to explore their thoughts, emotions, and concerns, enabling them to build resilience and make informed decisions.

# About Us

Courses4me is the leader in online education with decades of experience in both public and private education. Our founders have a combined 30 years of expertise in education and training and have joined forces to deliver high-quality, low-cost education to anyone wishing to advance their career.



**Accredited by**



We are proud to announce that all our courses at Courses4Me are accredited by the International Council for Online Educational Standards (ICOES), a respected global organisation dedicated to ensuring the quality of online education. This prestigious accreditation signifies that Courses4Me has met the rigorous standards set by ICOES, solidifying our reputation for delivering excellence in online education worldwide. We are committed to providing high-quality courses and look forward to welcoming students from around the globe to our accredited programs.

**Endorsement from**



*Quality for Excellence in Education*

All online courses offered by Courses4me are fully endorsed by the International Approval and Registration Centre (IARC), a quality control system for education programs and courses in international education. Based in Queensland, Australia, the IARC's Committee Board of accomplished education professionals work to endorse quality education courses in the international market. The IARC endorsement ensures that Courses4me maintains a high level of respect in academic circles within a range of disciplines in Australia and beyond.

# Course Overview



## Duration / Study Method

The course will take approx. 200 hrs to complete.

The course is done completely online and from the comfort of your home. We offer self-paced learning and direct tutor support for each individual student



## Payment Methods

Pay for the course upfront or set up a no-deposit and interest-free payment plan today from only \$25 per week.



## Assessments

Includes case studies, quizzes and written assessments, that are marked with personalised feedback. Problem based learning projects working one on one with your tutor.



## Support

All students have unlimited access to their very own professional tutor over the phone or via email.



# Core Modules

- **Learning Specific Skills**
- **Listening & Bonding**
- **Reflection**
- **Questioning**
- **Interview Techniques**
- **Changing Beliefs and Normalising**
- **Finding Solutions**
- **Ending the Counselling**
- **Focus on the Present**
- **Telephone Counselling**
- **Problem-Solving Techniques I: Aggression**
- **Problem-Solving Techniques II: Depression**
- **Problem-Solving Techniques III: Grief and Loss**
- **Problem-Solving Techniques IV: Suicide**



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