

CERTIFICATE IN ABNORMAL PSYCHOLOGY

courses4me

Would you like to speak to one of our
course advisors for further information?

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Certificate in Abnormal Psychology

Understand more about mental health issues and their treatments

Mental illnesses and disorders affect around 20% of people. Many of us know someone personally, or who we have seen, who has a mental health problem. Although mental health problems were once considered taboo most modern societies accept mental illness as a condition that can affect anyone.

Our understanding of mental illnesses has increased drastically over the past 150 years and we now have more ways of helping people to cope with their symptoms or overcome them entirely.

Studying this course will provide students with valuable insights and knowledge in mental health issues.

Did you know?

The field of Abnormal psychology examines the causes and treatments of mental disorders, including mood disorders, anxiety disorders, personality disorders, and psychotic disorders.

About Us

Courses4me is the leader in online education with decades of experience in both public and private education. Our founders have a combined 30 years of expertise in education and training and have joined forces to deliver high-quality, low-cost education to anyone wishing to advance their career.



Accredited by  **ICOES**
International Accreditation

We are proud to announce that all our courses at Courses4Me are accredited by the International Council for Online Educational Standards (ICOES), a respected global organisation dedicated to ensuring the quality of online education. This prestigious accreditation signifies that Courses4Me has met the rigorous standards set by ICOES, solidifying our reputation for delivering excellence in online education worldwide. We are committed to providing high-quality courses and look forward to welcoming students from around the globe to our accredited programs.

Endorsement from  **IARC** | *Quality for Excellence in Education*

All online courses offered by Courses4me are fully endorsed by the International Approval and Registration Centre (IARC), a quality control system for education programs and courses in international education. Based in Queensland, Australia, the IARC's Committee Board of accomplished education professionals work to endorse quality education courses in the international market. The IARC endorsement ensures that Courses4me maintains a high level of respect in academic circles within a range of disciplines in Australia and beyond.

Course Overview



Duration / Study Method

The course will take approx. 200 hrs to complete.

The course is done completely online and from the comfort of your home. We offer self-paced learning and direct tutor support for each individual student



Payment Methods

Pay for the course upfront or set up a no-deposit and interest-free payment plan today from only \$25 per week.



Assessments

Includes case studies, quizzes and written assessments, that are marked with personalised feedback. Problem based learning projects working one on one with your tutor.



Support

All students have unlimited access to their very own professional tutor over the phone or via email.



Career Opportunities

This course is suitable for people working in, or aspiring to work in:

- Psychology
- Counseling
- Psychiatric Nursing
- Caring Roles
- Health Professions
- Health Administration
- Youth Work
- Social Work
- Coaching

* some career outcomes may require further training and/or qualifications



ACCREDITED BY ICOES AND FULLY ENDORSED BY IARC



NO PRIOR EXPERIENCE OR CERTIFICATION NEEDED



FLEXIBLE PAYMENT PLAN (FROM \$25 PER WEEK)



100% ONLINE, SELF-PACED LEARNING COURSES



Core Modules

Disorders Usually First Diagnosed in Infancy

- Criteria for Determining Abnormality.
- Diagnostic and Statistical Manual of Mental Disorders.
- Childhood Disorders.
- Attention Deficit Hyperactivity Disorder.
- Conduct Disorder.
- Mental Retardation.
- Asperger's Disorder.
- Stereotypic Movement Disorder.
- Normal Functioning.
- Depression in Childhood.
- Anxiety Disorders.
- Types of Therapy: Adlerian, Behaviour, Existential, Gestalt, Person Centred Therapy, Psychoanalysis, Rational Emotive, Reality Therapy, Transactional.

Delirium, Dementia, Amnesic and Other Cognitive Disorders

- Types of Cognitive Disorders.
- Delirium.
- Dementia.
- Types of Dementia.
- Alzheimer's Disease.
- Comparing Dementia and Delirium.
- Amnesia.
- Cognitive Disorder NOS.
- Pseudo Dementia.
- Research Methods in Biopsychology.

Core Modules

Substance-Related Disorders

- Scope and Nature of Substance Abuse.
- Reasons for Using Drugs.
- Substance Dependence.
- Intoxication and Withdrawal.
- Alcohol Dependence and DTs.
- Substance Dependence.
- Substance Abuse.
- Drug Misuse.
- Classes of Drugs.
- Amphetamines.
- Cocaine.
- Crack.
- Opium and Heroin.
- LSD.
- Other Drugs, Steroids, Ritalin, Inhalants, etc.
- Risks with Specific Drugs.
- Older Adults Susceptible to Prescription Misuse.

Schizophrenia and Other Psychotic Disorders

- Scope and Nature.
- Psychosis.
- Treating Psychosis.
- Schizo-affective Disorders.
- Delusional (Paranoid) Disorders.
- Onset of Schizophrenia.
- Symptoms of Schizophrenia
- Treating Schizophrenia.
- Schizophrenia and Violence.
- Biology of Schizophrenia.
- Antipsychotic Medications.
- Psychosocial Treatments.
- Role of the Patients Support System.

Mood Disorders

- Depressive Disorders.
- Determining Type of Depression.
- Unipolar Disorders and Bipolar Disorders.
- Risk Factors for Depression.
- Men and Depression.
- Diagnostic Evaluation and Treatment.
- Types of Treatment.

Core Modules

Anxiety Disorders

- Scope and Nature.
- Anxiety Symptoms.
- Generalized Anxiety Disorders.
- Phobic Anxiety Disorders.
- Panic Disorder.
- Treatments - Intervention, Drugs, etc.
- Post Traumatic Stress Disorder.

Sexual and Gender Identity Disorders

- Scope and Nature.
- Hypoactive Sexual Disorder.
- Sexual Aversion.
- Female Sexual Arousal Disorder.
- Male Erectile Disorder.
- Female and Male Orgasmic Disorders.
- Premature Ejaculation.
- Dyspareunia.
- Vaginismus.
- Secondary Sexual Dysfunction.
- Paraphilia.
- Paedophilia.
- Gender Identity Disorder (Transsexualism).

Somatoform, Factitious, and Dissociative Disorders

- Somatisation Disorder.
- Conversion Disorder.
- Pain Disorder.
- Hypochondriasis.
- Body Dysmorphic Disorder.
- Factitious Disorders: Types, Symptoms, Causes, Diagnosis.
- Munchausen's Syndrome.
- Dissociative Disorders.
- Psychogenic Amnesia.
- Psychogenic Fugue.
- Dissociative Identity Disorder.
- Depersonalisation Disorder.

Eating and Sleep Disorders

- Scope and Nature of Eating Disorders.
- Anorexia Nervosa.
- Bulimia.
- Binge Eating Disorder.
- Treatment Strategies.
- Research Findings and Directions.
- Treatments for Sleep Apnoea.
- The prognosis for Sleep Apnoea.

Core Modules

Impulse-Control Disorders, Adjustment Disorder

- Symptoms of Adjustment Disorders.
- Risk Factors for Adjustment Disorders.
- Impulse Control Disorders.
- Intermittent Explosive Disorder.
- Kleptomania.
- Pyromania.
- Pathological Gambling.
- Trichotillomania.
- Compulsive Skin Picking.

Personality Disorders

- Scope and Nature of Personality Disorders.
- Antisocial Personality Disorder .
- Avoidant Personality Disorder.
- Dependent Personality Disorder.
- Histrionic Personality Disorder.
- Narcissistic Personality Disorder.
- Obsessive Compulsive Personality Disorder.
- Paranoid Personality Disorder.
- Schizoid Personality Disorder.
- Borderline Personality Disorder: Symptoms, Treatment, Research, etc.



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