

Would you like to speak to one of our course advisors for further information?



# Advanced Certificate in Community Mental

# Become a mental health specialist. Make a real difference to people's lives.

Always wanted to help and make a real, positive difference to people's lives?

Learn how to support children, teenagers and adults through the Certificate in Community Mental Health. This online course is broken into two sections: mental health in adults and children & adolescent mental health. Upon completion, you can have a deep understanding of common mental health conditions, knowing how to identify symptoms and provide treatments. You will also gain skills and insights to become a successful practitioner in this complex, yet rewarding and fast-growing industry.

#### Did you know?

One in five Australians aged 16-85 experience a mental illness in any year. The most common mental illnesses are depressive, anxiety and substance use disorder.

## **About Us**

Courses4me is the leader in online education with decades of experience in both public and private education. Our founders have a combined 30 years of expertise in education and training and have joined forces to deliver high-quality, low-cost education to anyone wishing to advance their career.



### Accredited by



We are proud to announce that all our courses at Courses4Me are accredited by the International Council for Online Educational Standards (ICOES), a respected global organisation dedicated to ensuring the quality of online education. This prestigious accreditation signifies that Courses4Me has met the rigorous standards set by ICOES, solidifying our reputation for delivering excellence in online education worldwide. We are committed to providing high-quality courses and look forward to welcoming students from around the globe to our accredited programs.

#### **Endorsement from**



All online courses offered by Courses4me are fully endorsed by the International Approval and Registration Centre (IARC), a quality control system for education programs and courses in international education. Based in Queensland, Australia, the IARC's Committee Board of accomplished education professionals work to endorse quality education courses in the international market. The IARC endorsement ensures that Courses4me maintains a high level of respect in academic circles within a range of disciplines in Australia and beyond.

# **Course Overview**



# **Duration / Study Method**

The course will take approx. 200 hrs to complete.

The course is done completely online in your own time and from the comfort of your home. We offer self-paced learning and unlimited direct tutor support for each individual student.



#### **Payment Methods**

Pay for the course upfront and receive a discount or set up an interest free payment plan today from only \$25 per week.



#### **Assessments**

Includes case studies, quizzes and written assessments, that are marked with personalised feedback. Problem based learning projects working one on one with your tutor.



#### **Support**

All students have unlimited access to their very own professional tutor over the phone or via email.



# **Career Opportunities**

By earning this certificate, learners can confidently seek rewarding employment in various organisations, either as a/an:

- Social Service Worker and Case
   Worker
- Probations Officer and Corrections
   Treatment
- Facilitator
- Life Coach (grief, rehabilitation, addictions, academic / career, crisis)
- Mental Health Coordinator
- Family and Marriage Therapist
- Art and Music Therapist
- Child Care Worker
- Outreach and Community Support
   Officer
- Human Resources Manager

<sup>\*</sup> some career outcomes may require further training and/or qualifications





ACCREDITED BY ICOES AND FULLY ENDORSED BY IARC



NO PRIOR EXPERIENCE OR CERTIFICATION NEEDED



FLEXIBLE PAYMENT PLAN
(FROM \$25 PER WEEK)



100% ONLINE, SELF-PACED LEARNING COURSES

# **Core Modules**

- Nature and Scope of Mental Health
- · Childhood Depression and possible impact into adolescence
- Anxiety Disorders (Separation, School phobias etc.)
- Tic Disorders (e.g. Tourette's)
- Brain Disorders (Injury and Disease)
- Other Disorders (e.g. Motor disorders, Elimination disorders, Feeding & eating disorders etc.)
- Environmental Problems (Abuse & Neglect; Relationship problems)
- Problems of Adolescence (Anorexia, Bulimia, Substance use, Family conflict)
- Holistic and Alternative Approaches to Treatment
- Special Project (students choose a topic of interest)
- Introduction to Mental Health Issues
- Depression in Men and Women
- Anxiety, Phobias and OCD
- Schizophrenia
- Antisocial Personality Disorders
- Eating Disorders
- Dementias
- Helping Yourself in Mental Health Issues
- Services for Mental Health Issues



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#### **Contact Us:**

info@courses4me.com.au www.courses4me.com.au

1300 100 008