

DRUG AND ADDICTION SUPPORT



Would you like to speak to one of our course
advisors for further information?

info@courses4me.com.au
www.courses4me.com.au

1300 100 008



Advanced Certificate in Drug and Addiction Support Health

Pursue a meaningful career helping people with complex drug addiction issues

The Advanced Certificate in Drug and Addiction Support gives you comprehensive, thorough understanding on how substance abuse affects our behaviour and society, major theories, and best practices in supporting the addict. You will also learn how to work effectively with clients suffering from complex addiction issues. Upon completion of all the course modules, you can confidently build a meaningful and impactful career in which you help people access essential services (counselling, healthcare, education etc.) to recover from drug addiction.

Did you know?

Around 1 in 20 Australians has an addiction or substance abuse problem. Substance abuse is a major cause of mental illness. The most commonly abused substances in Australia are tobacco and alcohol.

About Us

Courses4me is the leader in online education with decades of experience in both public and private education. Our founders have a combined 30 years of expertise in education and training and have joined forces to deliver high-quality, low-cost education to anyone wishing to advance their career.



Accredited by

We are proud to announce that all our courses at Courses4Me are accredited by the International Council for Online Educational Standards (ICOES), a respected global organisation dedicated to ensuring the quality of online education. This prestigious accreditation signifies that Courses4Me has met the rigorous standards set by ICOES, solidifying our reputation for delivering excellence in online education worldwide. We are committed to providing high-quality courses and look forward to welcoming students from around the globe to our accredited programs.

Endorsement from *Quality for Excellence in Education*

All online courses offered by Courses4me are fully endorsed by the International Approval and Registration Centre (IARC), a quality control system for education programs and courses in international education. Based in Queensland, Australia, the IARC's Committee Board of accomplished education professionals work to endorse quality education courses in the international market. The IARC endorsement ensures that Courses4me maintains a high level of respect in academic circles within a range of disciplines in Australia and beyond.

Course Overview



Duration / Study Method

The course will take approx. 420 hrs to complete.

The course is done completely online and from the comfort of your home. We offer self-paced learning and direct tutor support for each individual student



Payment Methods

Pay for the course upfront or set up a no-deposit and interest-free payment plan today from only \$25 per week.



Assessments

Includes case studies, quizzes and written assessments, that are marked with personalised feedback. Problem based learning projects working one on one with your tutor.



Support

All students have unlimited access to their very own professional tutor over the phone or via email.



Career Opportunities

By earning this certificate, learners can confidently seek rewarding employment in various organisations, either as a/an:

- Youth Support Worker
- Counsellor
- Social Worker
- Nurse Assistant

* some career outcomes may require further training and/or qualifications



**ACCREDITED BY ICOES AND
FULLY ENDORSED BY IARC**



**NO PRIOR EXPERIENCE OR
CERTIFICATION NEEDED**



**FLEXIBLE PAYMENT PLAN
(FROM \$25 PER WEEK)**



**100% ONLINE, SELF-PACED
LEARNING COURSES**



Core Modules

1. Introduction

- Scope and nature of drugs; legal and illegal
- Amphetamine
- Cocaine
- Crack
- LSD
- Ritalin
- Steroids
- How heroin is used
- Medical consequences of chronic heroin abuse
- Names used for heroin

2. Effects of drugs on the individual and society

- Community acceptance
- Terminology
- Why people use drugs
- Addiction; how drugs work in the brain
- Central nervous system
- Physiological and psychological effects of drugs
- Alcohol effects
- Sedative effects
- Stimulant effects
- Hallucinogenics
- Psychological effects of drugs

3. Legally restricted drugs: Stimulants and narcotics

- Stimulants
- Symptoms of abuse
- How cocaine is abused
- How does cocaine effect the brain
- What adverse effects does cocaine have on health
- Added danger; coca ethylene
- Treatment options
- Scope of cocaine abuse
- Narcotics
- Abuse symptoms
- Forms and dangers
- Designer drugs
- Ecstasy pill

Core Modules

4. Legally restricted drugs: Hallucinogens and marijuana

- Effects of hallucinogens
- Symptoms of abuse
- LSD
- Hallucinogen persisting perception disorder
- Marijuana
- Effects of marijuana on the brain
- Symptoms of abuse, forms of marijuana and dangers
- Phencyclidine (PCP)
- Symptoms of abuse, forms of PCP and dangers
- Legally restricted drugs: Steroids
- Symptoms of abuse, forms of steroids and dangers

5. Legal drugs: Alcohol

- Symptoms of abuse and dangers with alcohol
- Alcoholism
- Staying in control with alcohol
- Alcohol amnestic syndrome (Korsakoff's syndrome)
- Treating Korsakoff's syndrome
- Alcohol and the developing brain

6. Legal drugs: Tobacco, caffeine and solvents

- Nicotine addiction
- Effects of nicotine on the circulatory system
- Caffeine
- Caffeine addiction
- Solvents (volatile solvent abuse): symptoms and dangers

7. Prescription and over-the-counter drugs

- Prescription drugs (Over the counter or OTC)
- Groups of prescription drugs
- Misuse of OTC drugs
- Opioids
- Treatments for opioid addiction
- CNS depressants
- Stimulants
- Stimulant abuse and treatment for stimulant addiction



8. Cognitive behavioural therapy – Aaron Beck

- Cognitive behavioural therapy (CBT) and REBT
- Premises of CBT
- Cognitive distortions
- Use of cognitive therapy
- Family therapy
- Modifications to CBT
- Stress inoculation training program (SIT)
- Stages of SIT
- Constructivist modification

9. Behavioural therapy

- Contemporary behavioural therapy
- Behavioural approach
- Goals and techniques
- Goals of therapy
- Use of behaviour therapy
- Basic ID
- Critique

10. Solution-focused counselling

- Introduction
- Strategies in solution focused counselling
- Engaging the client
- Constructing pathways for change
- Generating creative solutions
- Critique



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