

WORKING WITH YOUTH AND CHILDREN AT RISK



Would you like to speak to one of our course advisors for further information?

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1300 100 008



Advanced Certificate in Working with Youth and Children at Risk

Understanding a child's problems is the first step to helping them

The implications of a developmental disorder can be very significant in later life, if undetected and not responded to. What might potentially be a major problem in later life can be avoided through the simple act of becoming aware and responding early in life. If you are working with or planning to help children in a caring capacity, this advanced certificate is a must to enhance your knowledge of childhood mental health. The online course would cover definitions of various groups of disorder as well as motor and communication disorders. You will also learn how to identify the signs, symptoms and treatments for these different classes of childhood disorder.

Did you know?

According to healthdirect, 1 in 7 children and adolescents aged 4-17 have experienced a mental disorder in Australia. The most common disorder is ADHD, followed by anxiety, depression and conduct disorder.

About Us

Courses4me is the leader in online education with decades of experience in both public and private education. Our founders have a combined 30 years of expertise in education and training and have joined forces to deliver high-quality, low-cost education to anyone wishing to advance their career.



Accredited by

We are proud to announce that all our courses at Courses4Me are accredited by the International Council for Online Educational Standards (ICOES), a respected global organisation dedicated to ensuring the quality of online education. This prestigious accreditation signifies that Courses4Me has met the rigorous standards set by ICOES, solidifying our reputation for delivering excellence in online education worldwide. We are committed to providing high-quality courses and look forward to welcoming students from around the globe to our accredited programs.

Endorsement from *Quality for Excellence in Education*

All online courses offered by Courses4me are fully endorsed by the International Approval and Registration Centre (IARC), a quality control system for education programs and courses in international education. Based in Queensland, Australia, the IARC's Committee Board of accomplished education professionals work to endorse quality education courses in the international market. The IARC endorsement ensures that Courses4me maintains a high level of respect in academic circles within a range of disciplines in Australia and beyond.

Course Overview



Duration / Study Method

The course will take approx. 400 hrs to complete.

The course is done completely online and from the comfort of your home. We offer self-paced learning and direct tutor support for each individual student



Payment Methods

Pay for the course upfront or set up a no-deposit and interest-free payment plan today from only \$25 per week.



Assessments

Includes case studies, quizzes and written assessments, that are marked with personalised feedback. Problem based learning projects working one on one with your tutor.



Support

All students have unlimited access to their very own professional tutor over the phone or via email.



Career Opportunities

By earning this certificate, learners can confidently seek rewarding employment in various organisations, either as a/an:

- Youth Support Worker
- Counsellor
- Social Worker
- Healthcare Staff

* some career outcomes may require further training and/or qualifications



**ACCREDITED BY ICOES AND
FULLY ENDORSED BY IARC**



**NO PRIOR EXPERIENCE OR
CERTIFICATION NEEDED**



**FLEXIBLE PAYMENT PLAN
(FROM \$25 PER WEEK)**



**100% ONLINE, SELF-PACED
LEARNING COURSES**



Core Modules

1. Nature and Scope of Developmental Disorders – Mental Retardation/learning disability

- Classification of Childhood Disorders
- Causes of Developmental Disorders Genetic Factors, Physical Factors,
- Environmental Factors
- A General Overview of the Diagnosis of Developmental Disorders
- The Prevalence of Developmental Disorders in the General Population
- The Impact on the Families and Children and Adolescents with Developmental Disorders
- Mental Retardation (Learning Disability)
- Co-morbid Disorders

2. Autism – Autistic Disorder signs, symptoms, treatment and support

- Causes of Autism
- Definition of Autism
- The Signs and Symptoms of Autism
- Impaired Social Development & Interactions
- Abnormal Communication
- Repetitive Behaviour
- Other Problems
- The Other Side of the Coin
- History of the Perception of Autism
- Prevalence & Course of Autism in the General Population
- The Autism Spectrum
- Issues Facing Children and Adolescents with Autism
- The Impact of Autism on the Family
- Treatments for Children and Adolescents with Autism
- How Parents/Carers and Practitioners can Support Children with Autism
- Supportive Services for Children and Adolescents with Autism

Core Modules

3. Asperger's Disorder – signs, symptoms, treatment and support

- Definition of Asperger's Disorder
- The Signs and Symptoms of Asperger's Disorder
- Impaired Social Interactions
- Repetitive Behaviour
- Causes of Asperger's Disorder
- The History of Asperger's Disorder
- The Prevalence & Course of Asperger's Disorder in the General Population
- Asperger's Disorder and Autism – The Autism Spectrum
- The Impact of Asperger's Disorder on the Child or Adolescent
- The Impact of Asperger's Disorder on the Family
- Treatments Available for Children and Adolescents with Asperger's Disorder
- How Parents/Carers and Practitioners can Support Children with Asperger's Disorder
- Supportive Services Available for Children with Asperger's Disorder and Their Family

4. Other Pervasive Developmental Disorders (Rett's Disorder, Childhood Disintegrative Disorder, Developmental Disorders NOS) signs, symptoms, treatment and support

- Definition of Asperger's Disorder
- The Signs and Symptoms of Asperger's Disorder
- Impaired Social Interactions
- Repetitive Behaviour
- Causes of Asperger's Disorder
- The History of Asperger's Disorder
- The Prevalence & Course of Asperger's Disorder in the General Population
- Asperger's Disorder and Autism – The Autism Spectrum
- The Impact of Asperger's Disorder on the Child or Adolescent
- The Impact of Asperger's Disorder on the Family
- Treatments Available for Children and Adolescents with Asperger's Disorder
- How Parents/Carers and Practitioners can Support Children with Asperger's Disorder
- Supportive Services Available for Children with Asperger's Disorder and Their Family

5. Attention-Deficit and Hyperactivity Disorders – ADHD & variants, signs, symptoms, treatment and support

- Signs & Symptoms of ADHD
- Features of Inattention
- Features of Hyperactivity-Impulsivity
- Settings
- Causes of ADHD
- Historical Background of ADHD
- Prevalence & Course of ADHD
- Treatment of ADHD
- Support Available
- Factors that can Aggravate ADD or ADHD
- Symptoms
- The Impact of ADD and ADHD on the Child or Adolescent
- The Impact on the Family of a Child with ADD or ADHD

6. Conduct Disorders (Include oppositional defiant disorder) signs, symptoms, treatment and support

- Definition of Conduct Disorder
- Signs and Symptoms of Conduct Disorders
- Causes of Conduct Disorders
- Prevalence & Course of Conduct Disorders in the General Population
- Definition of Oppositional Defiant Disorder
- Signs and Symptoms of Oppositional Defiant Disorder
- Causes of Oppositional Defiant Disorder
- Prevalence & Course of Oppositional Defiant Disorder in the General Population
- Anti-Social Personality Disorder (APD)
- Treatments Available for Conduct Disorders
- Support for Families and Children with Conduct Disorders
- The Impact of Conduct Disorders on Children
- The Impact on the Family of Having a Child with a Conduct Disorder
- How Parents/Carers and Practitioners can Support Children with Conduct Disorders

7. Learning Disorders – focus on academia (Mathematics, Reading Disorder – Dyslexia, etc.) signs, symptoms, treatment and support

- Specific Developmental Disorders
- Definition of Learning Disorders
- Reading Disorder (Developmental Dyslexia)
- Disorder of Written Expression (Specific Spelling Disorder)
- Mathematics (Arithmetic) Disorder

8. Communications Disorders & Motor Skills Disorder – focus on speech and language signs, symptoms, treatment and support

- Definition of Communication Disorders
- Causes of Communication Disorders
- Phonological Disorder
- Expressive Language Disorder
- Mixed Receptive-Expressive Language Disorder
- Stuttering
- Motor Skills Disorder
- Impact on the Child and Family of Communication Disorders

9. Youth and Crime

- Age of Criminal Responsibility
- Risk Factors
- Mental Health Risk
- Conduct Disorders
- ADHD (Attention Deficit Hyperactivity Disorder)
- Cumulative Effect of Risk Factors
- Prevalence and Offending
- Case Studies
- Young People as Victims

10. Nature and Scope of Mental Health – looking at difference between adult and child and adolescent mental health

- Introduction
- Understanding normal childhood development
- Good mental health
- Understanding childhood mental illness
- Prevalence of mental health issues in children and adolescents
- Differences to adult mental health
- An introduction to the mental health industry

11. Childhood Depression – how it changes when reaching adolescence; signs and symptoms and treatments

- Introduction
- Types of depression in childhood
- Diagnosis of depression in children
- Causes of childhood depression
- Assessing risk of suicide

12. Anxiety Disorders – separation, generalised etc. school phobias, social phobias etc. signs/symptoms/treatment

- Introduction
- Scope and nature of anxiety disorders
- Different types of anxiety disorders
- Childhood anxiety disorders
- Adolescent anxiety disorders
- Other anxiety related problems

13. Environmental Problems – Abuse and Neglect, Relationship Problems signs/ symptoms/treatment

- Introduction
- Child abuse
- Definition of child abuse
- Factitious disorder by proxy
- The effects of abuse
- Attachment issues
- Lifestyle

14. Problems of Adolescence – Anorexia, Bulimia, Substance Use, Family Conflict signs/symptoms/treatment

- Introduction
- Significant disorders of adolescence

15. Holistic and Alternative Approaches to Treatment – this should be a general approach to dealing with children & adolescents i.e., not directed at specific conditions

- Drug treatments
- Food and mental health
- Alternative therapies
- Homeopathy
- Art therapy
- Music therapy
- Counselling/psychotherapy
- Craniosacral/biodynamic osteopathy
- Kinesiology
- Aromatherapy
- Sensory integration
- Behavioural optometry

16. Special Project – student chooses something of interest



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